

Healthy Relationships Progression Grid - Whole School

Nursery	Reception	Year 1	Year 2	Year 3/4	Year 4/5	Year 5/6
Minimum learning is highlighted			Minimum vocabulary is in bold			
Healthy Relationships						
To know how to be a good friend. Pol – Ed ‘How can I be a good friend?’	To know what makes people happy. To know that all children are different and that we like different things Pol – Ed ‘How can I make other children happy?’	To know how to make new friends. To know why some people might find it difficult to make friends. Pol – Ed ‘How can I make friends?’	To know what a relationship is and why they are important. To know our own relationships Pol – Ed ‘Why are relationships important?’	To know what a domestic situation is. To know when to tell someone about a problem. Pol-Ed ‘How should we treat people?’	To know what is meant by a healthy relationship. To know how I can be a good friend to others. Pol – Ed ‘What is a healthy relationship?’	To know what a role model is To know the positives and negatives role models can be. Pol – Ed ‘How can my adult relationships affect my future?’
To know what might upset children e.g. not sharing, being rude, To know how to take turns. Pol – Ed ‘How can I play nicely with others?’	To know who can help To know how to ask for help from adults. Pol – Ed ‘How can adults at school help me?’	To know how and why friendships change. To know what do if friends are making them feel sad. Pol – Ed ‘What if friends are making me feel sad?’	To know how to work with different people in class. To know why some people find this exciting and difficult. Pol – Ed ‘How can I work with different people?’	To know what friendship means. To know what to do if friendships go wrong. Pol – Ed ‘What can I do when friendships go wrong?’	To know what a ‘role model’ is. To know how to become a role model. Pol – Ed ‘How can we be role models?’	To know what personal boundaries are. To know that different people have different boundaries. Pol – Ed ‘What are my personal boundaries?’
		To know what nicknames are and why they have special rules. To know how unkind names can make people feel. Pol – Ed ‘ Why is name calling unkind?’	To know what a family is. To know that all families are different Pol – Ed ‘What is a family?’	To know what consent means. To know how to ask permission and what it means Pol – Ed ‘What do we mean by consent in friendships?’	To know what peer influence is. To know how peer influence can be good or bad. Pol – Ed ‘What is peer influence?’	To know that there are different types of relationships. To know how to respect different relationships. Pol – Ed ‘How can we respect different relationships?’