

## PE Progression Grid Class 2

Autumn 1 Fundamentals 2 Ball Skills 2	Autumn 2 Dance 2 Gym 2	Spring 1 Dance 2 Yoga 2	Spring 2 Invasion 2 Sending & receiving 2	Summer 1 Net & Wall 2 Striking & Fielding 2	Summer 2 Athletics 2 Team Building 2
Minimum vocabulary shown in bold			Minimum learning is highlighted in yellow		
<p>I am beginning to provide feedback using key words. I am beginning to turn and jump in an individual skipping rope. I can describe how my body feels during exercise. I can show balance when changing direction. I can show hopping, skipping and jumping movements with some balance and control. I can work co-operatively with a partner and a small group. I show balance and co-ordination when running at different speeds. I can show how to <b>jog steadily</b>, and <b>sprint</b></p>	<p>I am beginning to provide feedback using key words. I can copy, remember, repeat and create dance phrases. I can describe how my body feels during exercise. I can show a character and idea through the actions and dynamics I choose. I can use counts to stay in time with the music. I can work with a partner using <b>mirroring</b> and <b>unison</b> in our <b>actions</b>. I show confidence to perform.</p>	<p>I can describe how my body feels during exercise. I can <b>dodge</b> and find <b>space</b> away from the other team. I can move with a ball towards goal. I can sometimes dribble or <b>pass</b> a ball with my hands and feet. I can stay with another player to try and win the ball. I know how to score points and can remember the score. I know who is on my team and I can attempt to send the ball to them.</p>	<p>I can <b>defend space</b> on my court using the ready position. I can describe how my body feels during exercise. I can hit a ball over the net and into the court area. I can throw accurately to a partner. I can use simple <b>tactics</b> to make it difficult for an opponent. I know how to score points and can remember the score. I show good <b>sportsmanship</b> when playing against an opponent.</p>	<p>I show balance and co-ordination when running at different speeds. I can <b>jump and land</b> with <b>control</b>. I can use an <b>overarm throw</b> to help me to throw for <b>distance</b>. I can work with others, taking turns and sharing ideas. I can identify good technique. I can describe how my body feels during exercise. I try my best</p>	
<p>I am beginning to provide feedback using key words. I am beginning to understand and use simple <b>tactics</b>. I can dribble a ball with my hands and feet with some control. I can roll and throw a ball to hit a target. I can <b>send and receive</b> a ball using both kicking and throwing and catching skills. I can track a ball and collect it.</p>	<p>I am beginning to provide feedback using key words. I am proud of my work and confident to perform in front of others. I can perform the basic <b>gymnastic</b> actions with some control and balance. I can plan and repeat simple <b>sequences of actions</b>. I can use directions and levels to make my work look interesting. I can use shapes when performing other skills.</p>	<p>I am beginning to provide feedback using key words. I can copy, remember and repeat <b>yoga flows</b>. I can describe how my body feels during exercise. I can move from one <b>pose</b> to another thinking about my breath. I can use clear shapes when <b>performing</b> poses. I can work with others to create simple flows showing some control.  <b>Focus, create, choose</b></p>	<p>I am beginning to provide feedback using key words. I am beginning to <b>trap and cushion</b> a ball that is coming towards me. I can <b>accurately</b> throw and kick a ball to a partner. I can catch a ball passed to me, with and without a bounce. I can roll a ball to hit a target. I can track a ball and stop it using my hands and feet. I can work co-operatively with a partner and a small group.</p>	<p>I am beginning to provide feedback using key words. I am developing <b>underarm</b> and <b>overarm</b> throwing skills. I can hit a ball using equipment with some consistency. I can track a ball and collect it. I can use simple tactics. I know how to score points and can remember the score. I understand the rules of the game and can use these to play fairly in a small group.</p>	<p>I can follow instructions carefully. I can say when I was successful at solving challenges. I can share my ideas and help to <b>solve tasks</b>. I can work with a partner and a small group. I show honesty and can play fairly. I understand how to use, follow and create a simple <b>diagram/map</b>.  <b>Communicate</b></p>

I can work co-operatively with a partner and a small group.	I can work safely with others and apparatus		I can work safely to <b>send</b> a ball towards a partner using a piece of equipment.	<b>Fielder, batter, bowler, runs</b>	
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From Nursery up to year 6 all children will be taught to listen, take turn, work alone, work in a group, work in a team and lead others – these skills will be repeated so that they become embedded and children will regularly be given opportunities to practice these skills.

Vocabulary in PE is repeated and consolidated over time.