

## PE Progression Grid Reception

Autumn 1 Intro to PE 2	Autumn 2 Fundamentals 2	Spring 1 Dance 2	Spring 2 Gymnastics 2	Summer 1 Ball Skills 2	Summer 2 Games 2
Minimum learning highlighted in yellow			Minimum vocabulary shown in bold		
<p>I use movement skills with developing <b>balance</b> and co-ordination.</p> <p>I can make independent choices.</p> <p>I follow instructions involving several ideas or actions.</p> <p>I can negotiate <b>space safely</b> with consideration for myself and others.</p> <p>I can demonstrate balance.</p> <p>I play co-operatively and <b>take turns</b> with others.</p>	<p>I can negotiate <b>space safely</b> with consideration for myself and others.</p> <p>I play games honestly with consideration of the <b>rules</b>.</p> <p>I am confident to try new challenges.</p> <p><b>I follow instructions</b> involving several ideas or actions.</p> <p><b>I use movement skills - run, stop, jump, balance, skip</b> with developing balance and co-ordination when playing games.</p> <p>I play co-operatively, take turns and encourage others.</p>	<p><b>I can negotiate space safely with consideration for myself and others.</b></p> <p><b>I am confident to try new challenges and perform in front of others.</b></p> <p>I use movement skills - move, <b>copy, shape, space, safely, travel</b>, sideways, forwards, backwards- with developing strength, balance and co-ordination showing increasing control and grace.</p> <p>I follow instructions involving several ideas or actions.</p> <p>I can combine movements, selecting actions in response to the task.</p> <p>I show respect towards others when providing feedback.</p>	<p>I can negotiate space safely with consideration for myself and others.</p> <p><b>I can confidently and safely use a range of large and small apparatus.</b></p> <p><b>I can combine movements, selecting actions in response to the task and apparatus.</b></p> <p>I use movement skills with developing strength, balance and co-ordination showing increasing <b>control</b> and <b>grace</b>.</p> <p>I follow instructions involving several ideas or actions.</p> <p>I work co-operatively with others and take turns.</p> <p>I am confident to try new challenges.</p>	<p>I can negotiate space safely with consideration for myself and others.</p> <p><b>I use ball skills with developing competence and accuracy throw, catch, roll, stop</b></p> <p>I play co-operatively and take turns with others.</p> <p>I can make independent choices.</p> <p>I persevere when trying new challenges.</p> <p>I play <b>ball games</b> with consideration of the rules.</p>	<p>I can negotiate space safely with consideration for myself and others.</p> <p>I follow instructions involving several ideas or actions.</p> <p><b>I play co-operatively, take turns and encourage others.</b></p> <p>I use ball skills with developing competence and accuracy.</p> <p>I use movement skills with developing balance and co-ordination.</p> <p>I play games honestly with consideration of the rules.</p> <p>I show an understanding of my feelings and can regulate my behaviour.</p> <p><b>Vocab specific to games chosen to include all previous vocab</b></p>
<p>From Nursery up to year 6 all children will be taught to listen, take turn, work alone, work in a group, work in a team and lead others – these skills will be repeated so that they become embedded and children will regularly be given opportunities to practice these skills.</p>					