

PE Progression Grid Nursery

Autumn 1 Intro to PE	Autumn 2 Fundamentals	Spring 1 Dance 1	Spring 2 Gymnastics 1	Summer 1 Ball Skills 1	Summer 2 Games 1
Minimum learning highlighted in yellow			Minimum vocabulary shown in bold		
<p>I can explore movement skills safely.</p> <p>I can make guided choices. I follow instructions with support.</p> <p>I am beginning to negotiate space safely.</p> <p>I am beginning to demonstrate balance.</p> <p>I am beginning to take turns with others.</p> <p>I can stop when asked and I am learning to spin</p>	<p>I am beginning to negotiate space safely.</p> <p>I play games honestly guided by rules with support.</p> <p>I am building my confidence to try new challenges.</p> <p>I follow instructions with support.</p> <p>I can explore movement skills, beginning to demonstrate balance and co-ordination when playing games.</p> <p>I am beginning to take turns with others.</p> <p>Run, skip</p>	<p>I am beginning to negotiate space safely.</p> <p>I am building my confidence to try new challenges and perform in front of others.</p> <p>I can explore movement skills.</p> <p>I follow instructions with support.</p> <p>I can copy shapes and travel in different directions – forwards, backwards and sideways</p> <p>I am beginning to use and remember sequences and patterns of movements which are related to music and rhythm.</p> <p>I show respect towards others.</p>	<p>I am beginning to negotiate space safely.</p> <p>I can use a range of large and small apparatus with an awareness of safety.</p> <p>I can match skills to tasks and apparatus.</p> <p>I can explore movement skills and show balance.</p> <p>I follow instructions with support.</p> <p>I can take turns more often.</p> <p>I am building my confidence to try new challenges.</p>	<p>I am beginning to negotiate space safely.</p> <p>I am beginning to explore a range of ball skills – throw, catch, roll</p> <p>I am beginning to take turns with others.</p> <p>I can make guided choices.</p> <p>I persevere with support when trying new challenges.</p> <p>I play ball games guided by the rules with support.</p>	<p>I am beginning to negotiate space safely.</p> <p>I follow instructions with support.</p> <p>I am beginning to take turns with others.</p> <p>I am beginning to explore a range of ball skills.</p> <p>I can explore movement skills.</p> <p>I play games honestly guided by the rules with support.</p> <p>I am beginning to understand how I feel in different situations.</p> <p>Run, stop, tig/tag</p>
<p>From Nursery up to year 6 all children will be taught to listen, take turns, work alone, work in a group, work in a team and lead others – these skills will be repeated so that they become embedded and children will regularly be given opportunities to practice these skills.</p>					