

Long Term Plan - Physical Education

All planning refers to Get Set 4 PE

	Autumn		Spring		Summer	
	1	2	1	2	1	2
Nursery	Intro to PE	Fundamentals 1	Dance 1	Gymnastics 1	Ball Skills 1	Games 1
Reception	Intro to PE 2	Fundamentals 2	Dance 2	Gymnastics 2	Ball skills 2	Games 2
Class 1	Fundamentals 1	Dance 1	Dance 1	Invasion 1	Net/wall 1	Athletics 1
	Ball Skills 1	Gym 1	Yoga 1	Sending and receiving 1	Striking/fielding 1	Team building 1
Class 2	Fundamentals 2	Dance 2	Dance 2	Invasion 2	Net/wall 2	Athletics 2
	Ball Skills 2	Gym 2	Yoga 2	Sending and receiving 2	Striking/fielding 2	Team building 2
Class 3-4	Fundamentals 3/4	Dance 3	Dance 3	Netball 3/ 4	Tennis 3	Athletics 3
	Ball Skills 3/4	Gym 3	Yoga 3/4	Hockey 3/ 4	Cricket 3/ 4	OAA 3/ 4
Class 4-5	Fitness 3/ 4	Dance 4	Dance 4	Tag rugby 3/ 4	Tennis 4	Athletics 4
	Dodgeball 3/ 4	Gym 4	Yoga 5/6	Swimming	Swimming	Swimming
Class 5-6	Fitness 5/6	Dance 5	Dance 5	Netball 5/6	Tennis 5	Athletics 5
	Dodgeball 5/6	Gym 5	Gym 6	Hockey 5/6	Cricket 5/6	OAA 5/6